

**Student or Staff complains of COVID-19 or MIS-C<sup>^</sup> symptoms.**

- ▶ Place surgical mask on student or staff  
*(unless they are having difficulty breathing, if so call 9-1-1).*
- ▶ Test student or staff with rapid antigen testing (if available)
- ▶ Student: Place in a room or safe outdoor area away from others until parent/guardian can pick them up.

**VERBAL**

- ▶ When did symptoms appear?
- ▶ Recent COVID-19 exposure?

**VISUAL**

- ▶ Difficulty or rapid breathing (without recent physical activity)
- ▶ Extreme fussiness
- ▶ Coughing
- ▶ Other COVID-19 Signs or Symptoms

**PHYSICAL**

- ▶ Temp  $\geq 100.4$  F
- ▶ Positive antigen test

**Verbal, Visual, & Physical concerns out of range?**

**NO AND/OR  
NEGATIVE TEST**

Allow to rest for 10 minutes

**NOT  
IMPROVED**

**IMPROVED**  
Back to class

**YES OR POSITIVE TEST**

Verbal/Visual

- ▶ Isolate
- ▶ Contact School Nurse
- ▶ Send home ASAP
- ▶ Contact Healthcare Provider

**YES**

Physical

**CALL 9-1-1 (EMS) IF:**

- ▶ Trouble Breathing
- ▶ Bluish Lips/Face
- ▶ Chest Pain
- ▶ New Confusion
- ▶ Unable to wake or stay awake

**Follow-Up with Students/Family, Health Services Administrator**

**Signs & symptoms  
of COVID-19**

- ▶ Fever 100.4F
- ▶ Chills
- ▶ Nasal Congestion
- ▶ Runny nose
- ▶ Shortness of breath
- ▶ Difficulty breathing
- ▶ Diarrhea
- ▶ Nausea/Vomiting
- ▶ Fatigue
- ▶ Headache
- ▶ Muscle or body aches
- ▶ New loss of taste or smell

**Signs & symptoms  
of MIS-C<sup>^</sup>**

- ▶ Rash
- ▶ Red eyes
- ▶ Cracked/swollen lips
- ▶ Red/swollen tongue
- ▶ Swelling hands/feet
- ▶ Stomach pain
- ▶ Poor appetite or feeding

<sup>^</sup>MIS-C: Multisystem inflammatory syndrome in children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs.

**Student or staff share they have been exposed/in close contact (within 6 feet for 15 minutes or greater) OUTSIDE OF SCHOOL SETTING with:**

Someone being tested for COVID-19

Someone who has tested positive for COVID-19

Someone who has been in close contact with someone who may have been exposed to COVID-19

**STUDENT/STAFF SHOULD:**

- ▶ If vaccinated: monitor for symptoms
- ▶ If not vaccinated: Quarantine pending results of Covid-19 test

**STUDENT/STAFF SHOULD:**

- ▶ Practice physical distancing.
- ▶ Wash hands frequently
- ▶ Wear a mask
- ▶ Continue self check for COVID-19 symptoms

**CONTACT TESTS NEGATIVE:**

- ▶ If negative unvaccinated student staff may return to school/work

**CONTACT TESTS POSITIVE**

**STUDENT/STAFF ACTIONS:**

**If vaccinated without symptoms:** Monitor for Symptoms

**If unvaccinated or vaccinated with symptoms:**

- ▶ Student/Staff who were exposed must be excluded for **10 days after** the last known exposure, **with or without testing**, provided that such employees, **between days 10 and 14**, wear face coverings at all times, stay at least 6 feet from others, and immediately self-isolate if any symptoms appear.
- ▶ Expect contact from public health
- ▶ Persons up to age 18 are recommended to test between day 7 and 10 of quarantine
- ▶ Self-Check for symptoms of COVID-19.
- ▶ If symptoms develop contact public health and health care provider

**Health Care Providers May Include:**

- ▶ Physician or Surgeon
- ▶ Physician's Assistant
- ▶ Nurse Practitioner
- ▶ Public Health Nurse

**I just found out I'm COVID-19 POSITIVE (regardless of vaccination status):**

- ▶ Self-isolate at home for 10-14 days (see below).
- ▶ Avoid infecting others.

- ▶ An employee who tested positive **and has symptoms** may not return to work until all of the following "return to work" criteria have been met: **10 days have passed** from the first symptoms; COVID-19 symptoms **have improved**; and **at least 24 hours** since a fever of 100.4 or higher resolved.
- ▶ Any person who tested positive and **does not have symptoms, regardless of vaccination status**, may not return to work until 10 days after the positive test.